

Parish Life

The Magazine of Holy Trinity Parish Church Kendal

May 2017



40p

Parish Directory

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From Lowther Park ...

An old friend celebrates a significant birthday at the end of this month. Over the years this friend has been a much anticipated and faithful companion to millions, a source of comfort, entertainment and sadness as well as great joy, a medium for uniting folk of all races throughout the world. Yes, Test Match Special will be 60 years old on 30 May!

I recall vividly the care-free days pre-family life when friends and I would attend test matches up and down the country (including the first three days of the Edgbaston Test each year), armed with our packed lunches, waterproofs (inevitably!) and our portable radios so we could not only watch the events unfolding before us but also listen simultaneously to them being described on Test Match Special by such revered exponents of their art as Brian Johnston, Jonathan Agnew and Henry Blofeld.

I wonder – why, in an age of fast moving developments in science, technology and communication does this programme continue to thrive and reach out successfully to a needy audience?

The novelist Joseph Conrad once wrote “by use of the written word, my task is to try to make you hear, to make you feel and, above all, to make you see.” The same could be said of the spoken word through the medium of radio.

The presenters on Test Match Special possess the skills to describe for listeners not only the cricket itself but also events taking place on the peripherals. Like the greatest novelists, they have the ability to paint a visual picture into which the listener can feel themselves transported as if they were almost there in person. It speaks volumes about the power of both language, spoken and written, and of the human voice.

Each year at the start of our Lenten journey we pray “help us to enter deeply into the Easter mystery”. The powerful and familiar liturgy during Lent, Holy Week and Easter is conducive to this and in the coming weeks is

bolstered even further by Ascension, Pentecost and Trinity. But then we enter this strange period termed “ordinary time” when there is often the danger, having experienced such dramatic events over the last few weeks, of seeing this as just “killing time” before the principle seasons come round again, starting with Harvest. We do so at our peril for there is a rich tapestry of action and insight in these post-Trinity readings as we hear how the disciples went about their work and how the early church grew.

I am sure many of you like myself were greatly moved by Rob Buttery’s wonderful one-man presentation of the Passion Gospel on Palm Sunday. I noticed that a number closed their eyes for all or some of Rob’s reading, as I did for parts. This simple act of closing the eyes and imagining the scene, even projecting ourselves into it as an eye witness or by-stander in Ignatian fashion, can help us gain that bit more from the readings as we engage deeper with the text. It can work when listening to sermons too. So if you haven’t tried it before then why not give it a go in the coming weeks and perhaps “ordinary time” will seem far less ordinary and far more extraordinary.

Every blessing
Ashley

Friday Organ Recitals

Those fortunate enough to have attended the Friday organ recitals between January and April will testify to being treated to some top-quality playing and an expansive and thoughtful repertoire, encompassing both traditional and contemporary pieces covering five centuries.

Andy Plowman’s vision of raising much-needed money towards the tower and organ repair fund, whilst at the same time providing enjoyment for music lovers in the area, has worked brilliantly with Adrian Self, Charles Edmondson, Ian Hare, Ian Thompson, Geoff Field and Andy himself making these Friday lunchtimes something to be both eagerly anticipated and greatly appreciated, as witnessed by the generous donations of those who attended.

The Summer season of six recitals gets underway on

19 May with further recitals on 2, 16 and 30 June, and 14 and 28 July.

If you have not been to one of these recitals yet, why not try to get to one in the coming weeks – we guarantee you won't be disappointed.

Lent Lunches 2017

Parish Life gives us the opportunity to say a big thankyou to everyone who supported our Lent Lunches in any way, from making soups and tray-bakes, to setting up and serving, washing up or simply coming to enjoy soup and a chat with friends in aid of a good cause. By my reckoning over the course of the four weeks there were 14 different soups, ranging from the perennial favourites of mushroom, and leek & potato to the more unusual tomato & roasted red pepper, and butternut squash (and, as ever, the Vicar's pea soup provided nourishment both gastronomically and in the number of inevitable innuendos flying around!)

Because of a long-term booking in the Parish Hall we had to hold the lunches in Church this year where we were able to make use of our kitchenette. It may not have been ideal, at times we were a little cramped (but a positive reflection on the number who turned up) but everyone pulled together with grace and good humour to make it work

The last pan scoured, the final donation made and the tablecloths put away for another day, at the end of the day the four lunches raised a total of £731 with a further £66.50 in Gift Aid, a grand total of almost £800 for Christian Aid. Thankyou everyone

Ashley

Congratulations!

We are sure you will join us in sending congratulations to the following –

- Roger Latham on being installed as a Canon of Carlisle Cathedral in April in recognition of his work as Director of Cumbria Christian Learning;
- Arthur Moss, who celebrates 55 years as a Reader on

- 18 May;
- Ian Powell on his 28 years (and three months!) service to KPC as our Church Treasurer, giving him our heartfelt thanks for all he has done over that time and wishing him a very happy retirement from these duties.

Knit and Natter

Do you like to knit? Do you like a natter? Would you be interested in doing both, together at church one morning a month over a cup of coffee? We are hoping to begin a group that would include folk from the community and it would be wonderful if you would join us. Please contact Mark through the Church Office.

£5 Challenge 2017.

This major church fund-raising effort will be launched on Sunday, 18 June and end on Sunday, 10 September. Members of the congregation will be invited to take £5 and develop fund-raising events to increase its value. Two years ago we raised over £2000. A list will be displayed giving details of participants and progress of their Challenge. It is suggested that, to widen the scope of the money raising efforts, friends and neighbours are targeted. Don't delay – start planning NOW and let me have details of your project to display on the Fund Raising Board.

David Donnison

Deanery Synod

Deanery Synod has looked a lot at the God for All Strategy. We have shared our experiences of working together and doing things in different ways. We have had Mike Talbot give us an outline of the many strands operating under God for All: Moving Mountains, Imagine Church, Reach. We have been asked to think about why people come to church and what things would not happen if the church was not there.

We had someone from Ecclesiastical Insurance give a very interesting talk about what is covered by our insurance and what different levels of cover mean. He also showed us

the website of Ecclesiastical and the many excellent assessment forms that can be downloaded from it that are specifically aimed at church buildings. We have also had presentations from various people on their youth strategies and on Cumbria Christian Learning.

Deanery Synod is very much a place where people are able to share topics and where reps can learn what is happening elsewhere. These things are then fed back to the PCC. Deanery Synod is able to send motions to Diocesan Synod; our synod has not done that this year.

It is good that at the 2017 Annual Parochial Church Council all 3 places on Deanery Synod have been filled.

Diocesan Synod

Each Deanery Synod elects representatives to Diocesan Synod. Linda Hunter is one of these. Our Deanery does not fill all its places on Diocesan Synod.

Diocesan Synod is the place where the finances of the Diocese are agreed, where we hear news from our General Synod reps and where reports are received on Bishop's Council, the Education Committee and many other committees which care for vicarages, glebe land, etc.

Motions are discussed from Deanery Synod and private members motions can be raised.

This year there have been very useful presentations about how our church schools can be seen as a mission opportunity, how the Diocese compares to other dioceses in its implementation of Fresh Expressions and on the way Cumbria Christian Learning is developing.

We heard about how Parish Offers are affecting the work of the Diocese. Some posts have had to be rationalised and others cut because of less money received from parishes. We were told that Diocesan staff are now stretched very thinly.

We heard about the move of the Diocesan headquarters to Penrith from Carlisle.

The PCC receives a digest of the Synod from the representative.

Linda Hunter

Getting to know you – Helen Platts

Helen took over from Ian Powell as our Treasurer at the APCM in April. We invited her to introduce herself.

Tell us about yourself, your work and your family

I live in Arnside with my husband Peter and my sons John, who is at Birmingham University, and William, who is studying for his A levels. We have a wonderful tabby cat called Benny who started his life in Kendal but who has now come to terms with the wild-west of Arnside.

We've lived here since William was a baby. For the last ten years, I've been commuting to London during the week, which means Pete is very 'hands-on' with the pizzas and the laundry. This at times disjointed way of life means I've been able to combine some really interesting jobs – currently I'm Finance Director of St Paul's Cathedral – with living in an amazingly beautiful place.

I found my way to Kendal Parish Church about three years ago and have appreciated the love and care that Rob and Mary showed me in preparing me for my confirmation in November 2014 and the support the church has provided since. I'm a regular every Sunday at the 8 o'clock Book of Common Prayer Service, which is so beautifully conducted by the team of clergy and lay preachers. Thank you to you all.

What hobbies and interests do you have?

I enjoy singing and I'm a member of a choir in London. I also love my garden which has given me so much joy over the years. As some of you will know, some summers it can be challenging growing dahlias in Cumbria. Particularly when living on a windy, west-facing slope. But as gardeners we are always optimistic.

Tell us about your favourite film, book, music or musician)

I adore *The Wicker Man*, mainly because of the songs. My favourite book is *A Severed Head* by Iris Murdoch. I like all kinds of music. I'm currently learning how to sing psalms – which are so wonderfully mysterious and pure. I also love

listening to Gorillaz.

What would be your ideal meal?

My ideal meal is one which I don't have to cook for myself! It would be a meal prepared by my son John, who is so creative in the kitchen, and who always cooks such delicious food. It would be a meal for all our family. He already takes complete responsibility for Christmas dinner.

What are your immediate plans for the future of KPC?

I'm keen to support the PCC in 'thinking big' and developing a fantastic vision for the church to ensure its future as an important focal point for the town, and even more important, as a spiritual and peaceful place of worship and faith that draws even more people in. As Treasurer, I'm bound to say that if we get our vision right, the money will follow so we can live our dreams.

Tell us something about Helen Platts which might surprise us

I'm a big fan of the aqua aerobics sessions at Holgates Caravan Park, Silverdale. Fridays and Saturdays. See you there!

Thank you – I'll miss you all!

Doesn't time fly when you're enjoying yourself! My time at KPC as a Reader-in-training, from December to Easter, has been a really enjoyable time of learning and gaining experience for the future. It has been a privilege to meet new people, learn about how a larger church works and to see how God is at the centre of so many people's lives. So, a few thanks ...

Thank you to everyone for your welcome, right from the start. The church fellowship is just that, a fellowship that welcomes newcomers with open hearts.

Thank you to the fantastic leadership team for their encouragement, care and support as I learned about the church day-to-day and took part in services. I am very grateful to them.

Third, thank you to Duncan and the choir who allowed

me to join them and experience services from a different perspective.

What I will remember: leading The Gathering, Evensong and Parish Communion (first part) – all very different; assisting Ashley to take a funeral (scary despite his expert guidance!); and your welcome – one of the friendliest churches I have ever been to.

As I return to my own parish of St Mary's, Crosthwaite our Vicar is going on Sabbatical, so I hope I'll have the opportunity to put into practice some of what I've learnt at KPC. My prayer is that God will bless all of you at KPC and his work among you.

Dorothy Grace

Helping elsewhere

You might have become more aware recently of the words "helping elsewhere" on the weekly handout. Unlike a number of churches locally we are fortunate in having a large team of ordained clergy and licensed Readers, ably supported by a number of active and willing retired clergy. Over the last few months a number of clergy vacancies have arisen in various churches both within the Deanery and wider afield and it may be some time yet before all are filled. With having such a strong team at KPC, and with Rob's other role as Assistant Rural Dean, we have been able to support other churches when required by providing clergy or Readers to take services which might otherwise have needed to be cancelled. On one Sunday in March for example Rob was at Crosscrake, David Richardson at New and Old Hutton and Ian James at Rydal but we still had enough cover for the 4 regular services here, plus 2 baptisms.

Rob wrote about the on-going development of Mission Communities in the last edition of Parish Life, a means of churches working closely together across denominations to share resources as part of the God for All Vision. So don't be surprised to see the words "helping elsewhere" become more regular in the future as these plans take shape.

Thanks from Ian

Please can I thank everyone who contributed to my 'retirement gift'. It has been a pleasure to serve such a wonderful group of people over the past 28 years, as Treasurer.

Thanks, Ian

God of Surprises

When Linda and I came back from two months in Uganda in autumn 2014, for both of us there was a sense of completeness. It had been a good trip, each of us had had the chance to do a little teaching and it had been very special to catch up with many former students and colleagues. 'Thank you, Lord, for the African experience', was our feeling; now it was on with the next chapter of retirement.

Oh yes?! It's a risky business trying to be God's scriptwriter!

A year later a prayer request from the Church Mission Society jumped out at me: 'Burundi needs help in training clergy'. And in spite of my reactions ('But, Lord, I'm over 70' and 'Burundi isn't a very settled place at present') the idea wouldn't go away! The result is that, 18 months on from seeing that prayer request, at the end of May I am off to Bujumbura (the capital of Burundi) for six weeks to teach at Bujumbura Christian University. I won't know what it's going to be like until I get there nor just what is the level of the students. I do know I'm expected to teach two courses: an Old Testament Introduction for first-year students and a course on the 'major' prophets for the second-year course.

I will try and send some news back and am also hoping to venture into new (for me) technology and have a bit of a blog about it: if that works out you'll be able to find it at <<https://michaelinburundi.wordpress.com>>.

I'd value prayer: here are a number of suggestions:

- Quick adaptation to a new culture (though I expect there to be similarities with Uganda);
- Preparation and delivery of suitable course material (I'm teaching in English which, for at least some of the students, will be their third language!);

- That my voice copes with about 75 hours of lectures;
- Practical things like getting the visa in time;
- Safety in an unstable country (the Foreign Office currently doesn't recommend visits to Burundi unless they are essential: of course, God may not agree with the Foreign Office!);
- For Linda as she stays here.

Michael Hunter

4th Kendal Brownies

After almost 18 years of volunteering – the last five as Brown Owl – Kathryn Chapman reluctantly left 4th Kendal Brownies at the end of term as she is setting up her own business and needed to dedicate more time to that. As



everyone who volunteers knows, it is never “just an hour and a half per week” and we are indebted to her for all the work she has done with the Brownies and for the wider Girlguiding movement.



The Brownies, Leaders and Parents presented her with gifts including a hand-made card; a decorated apron (Kathryn loves cooking); a tealight votive carrying the GirlguidingUK logo; an owl cushion (what else!) and a voucher to spend on herself.



Going forward, we have a great team of five qualified leaders, plus two enthusiastic young leaders in training, so 4th Kendal Brownies is going to be run as a co-operative and you will still see us at Church Parade and other church events.

Emily, Jade, Janet, Joanne, Megan,
Roxanne and Tracey

Dementia Poem

In the last issue Jo included a poem about dementia by a care worker which was used at one of our monthly Tea Services. Below is another poem from one of these services, written by a lady in the early stages of dementia, which a number of folk have asked us to reproduce in Parish Life. It was written by Norma McNamara:

Walk With Me

Walk a while with me my friends, walk with me today,
Come and see what I see, and listen to what I say,
Yes I have dementia, and sometimes I get worse,
Please be very grateful, that you don't have this curse,
But are we all that different, the likes of you and me?
We breathe the same; we feel the same,
the same things we do see
The only different my friends, I don't feel that well,
When I can't remember, everything you tell,
My heart beats just as quickly as yours, my blood
runs just as fast,
But because of my dementia, my shadow, it is cast,
It's the shadow cast by others, that takes away my light,
Turns my life to darkness, my pleasure to fright
For when you cast that shadow, and it comes my way,
It drains me of my energy, makes me hide, or run away,
Sometimes I do different things, my mind is not my own,
But do YOU never talk to yourself, when you are alone?
So am I all that different, the likes of you and me,
So my friends come walk a while, the future's ours to see.

Ascension Day

Today the cloud is in our thoughts,
On Christ's Ascension Day.
The sign of God's almighty power,
To lift our hearts to pray.

A cloud it was in Moses' time,
By day a pillar guide.
From out the cloud the Lord did speak,
To comfort or to chide.

Transfigured on the mount was Christ,
A cloud came down that time.
A voice said, "Listen to my Son,
My own beloved – mine".

The cloud came down and covered him,
The Risen One was gone.
But he lives on inside our hearts,
God's own beloved Son.

I wrote this hymn in 1997 with quite a jiggly tune. It has never been sung. Perhaps Ketchup might like to have a go! When I was a young vicar we had the parish confirmation just before Ascension Day and on the day itself we had an early communion followed by a parish breakfast. I have always been very fond of Ascension Day and I love the collect:

"Grant, we beseech thee, Almighty God, that like as we do believe thy only-begotten Son our Lord Jesus Christ to have ascended into the heavens; so we may also in heart and mind thither ascend and with him continually dwell; who liveth and reigneth with thee and the Holy Ghost, one God, world without end. Amen."

Michael Thistlewood

(Thanks for sharing this with us Michael. In the introductory letter I wrote about using our imagination to the full. Now, here's another challenge to the imagination – Michael Thistlewood as a 'young vicar'! – Ed)

What's on ...

Kendal, Oxenholme,
Staveley, Burneside &
Whinfell



Natland Young at Heart Social Group for older residents will next meet on Monday, 8 May at the village hall from 1:45 to 3:45pm. Come along and join us for an afternoon of tea, chat and company.

Age UK South Lakeland and the Brewery Arts Centre are working together to offer two free IT training sessions:

- Using the internet safely. Wed, 17 May 1:30–4:00pm at Brigsteer Village Hall. Come along to this session to find top tips for staying safe online.
- Getting the most from your camera, tablet or smart phone. Wed, 7 June 1:30–4:00pm at Brigsteer Village Hall. Find out how to take better photos and share them safely online with your family and friends. Places must be booked in advance. For booking and further information, please phone the Adult Learning Team at the Brewery Arts Centre on 01539 722833 ext 273.

Enjoy playing football? Try our New Walking Football Group for the over 50s at Kendal Leisure Centre.

Fortnightly on Tuesdays from 3:30pm to 4:30pm (9 and 23 May). Ring Age UK for more information. Have fun, make new friends and keep fit for only £2!

Walk For Health. These gentle walks around Kendal, lasting around 30 mins, will start from the Age UK shop on Finkle Street every Tuesday at 2:30pm. If you want to walk more, get more fresh air or just enjoy some of the scenery in Kendal then come along and join us. Call Wayne Singleton on 07793 532830 if you are interested in coming along.

A snooker, pool, dominoes and darts group for men and women runs at the Albion Social & Snooker Club on Sandes Avenue in Kendal every Thursday, 1–3pm. Come and join us for a sociable afternoon, with the option also of having a sandwich lunch.

(continued ...)

Lunch Clubs

Stonecross Manor

1st Tuesday

The Station Inn, Kenda

3rd Tuesday

Carus Green Golf Club

3rd Monday

Men's Pie & Pint Club, Burgundy's Brewhouse 1st Thurs.

To find out about any of the above or any services which Age UK South Lakeland can offer older people, please call its helpline on 01539 728180.



Saturday 6th May 2017

Join us for Crafts, Games and Activities
For All The Family.

3pm—5pm in The Parish Hall

Also find us in the 'Messy Tent' on

Saturday June 24th

at the Parish Summer Gala

Kendal Choral Concert

Kendal Choral Society presents:

Music for Celebrations

Purcell: Come ye sons of Art

Handel: Water Music 'Suite in F'

Mozart: Coronation Mass

Director of Music: Duncan Lloyd.

Soloists:

Emily Robinson: soprano; Anastasia Micklethwaite: alto;
Philip O' Connor: Tenor and Stuart Orme: Baritone.

Invited orchestra: Pam Redman, leader, Ian Pattinson,
Organ.

Kendal Parish Church, Saturday, 13 May at 7:30pm.

Interval drinks available.

Tickets £12 (students free) available from 01539 730702, or at
the door on the night.

Choir website: <kendalchoral.org.uk>.

Sunday Services — May 2017

Sunday, 7 May – Fourth Sunday of Easter

8:00am	Holy Communion (BCP)
9:30am	Choral Communion (BCP)
11:00am	The Gathering (Café style)
1:00pm	Holy Baptism
2:00pm	Holy Baptism
6:30pm	Evensong (BCP)

Sunday, 14 May – Fifth Sunday of Easter

8:00am	Holy Communion (BCP)
9:30am	Parish Communion (CW)
11:00am	The Gathering with Communion
6:30pm	Evensong (BCP)

Sunday, 21 May – Sixth Sunday of Easter

8:00am	Holy Communion (BCP)
9:30am	Parish Communion (CW)
11:00am	The Gathering
1:00pm	Holy Baptism
2:00pm	Holy Baptism
6:30pm	Evensong (BCP)

Sunday, 28 May – Seventh Sunday of Easter

8:00am	Holy Communion (BCP)
9:30am	Parish Communion (CW)
11:00am	The Gathering with Communion
6:30pm	Evensong (BCP)

From The Registers

Baptisms

2 April Sophie Elizabeth Scott.

Weddings

8 April Andrew Wilkinson & Shelley Powell.

Funerals

No funerals.

Thy Kingdom Come, 4–11 June

What's it all about?

Thy Kingdom Come is a global prayer movement, which invites Christians around the world to pray for more people to come to know Jesus Christ and to deepen the prayer life of our community.

What started out as an invitation from the Archbishops of Canterbury and York last year to the Church of England has grown into an international and ecumenical call to prayer.

Kendal Parish Church will be holding a joint service on Sunday, 4 June followed by lunch to mark the beginning of a week of special prayerful events. It will be bigger and better than last year so look out for more details coming out in the next few weeks!

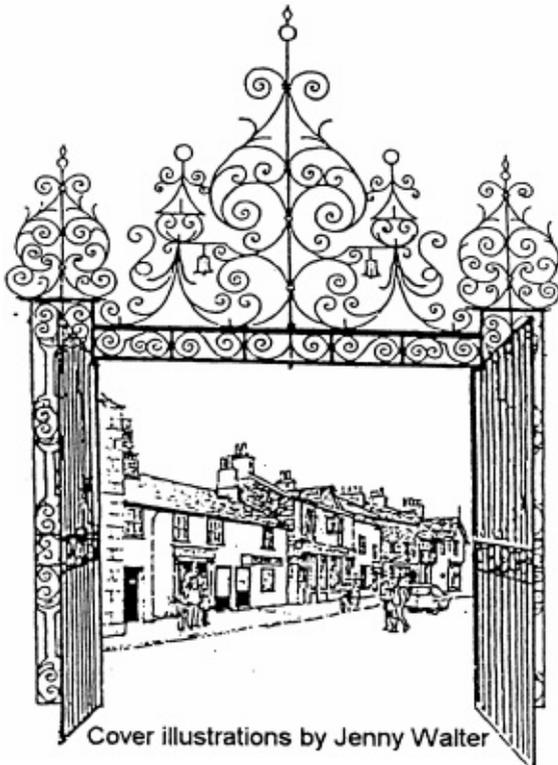
Prayer Sub Group

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Worship

Holy Communion (BCP)		8:00am
Parish Communion		9:30am
(Common Worship, except 1st Sunday BCP)		
The Gathering		11:00am
(with Communion 1st & 3rd Sundays)		
(Except Matins BCP on 5th Sunday)		
Evensong		6:30pm
Mid Week		
Morning Prayer	Tuesday, Thursday	9:00am
Morning Prayer	Wednesday	10:00am
Meditation	Tuesday	10:00am
Holy Communion (BCP)	Thursday	10:30am
Kendal Tea Service (Dementia Friendly)		
	3rd Thursday	2:30pm
(Saints' Days and Holy Days as announced)		



Cover illustrations by Jenny Walter