

# Parish Life

The Magazine of Holy Trinity Parish Church Kendal

October 2017



40p

## **Parish Directory**

Church Office: Clergy, Janet Henderson, Diane Letheren 721248  
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# *From Lowther Park ...*

Dear Friends,

## **Craftsman's Art and Music's Measure**

While I was thinking about possible hymns for a service in October, Angel Voices Ever Singing came to mind in which “craftsman’s art and music’s measure” are praised in the third verse. At the time two workmen were rejuvenating a corner of our back garden, replacing an old wood shed and damp playhouse with a raised patio. As I watched them I marvelled at the way they transformed a tired area into something eye-catching with bricks, paving slabs, concrete and a subtle eye for detail - “craftsman’s art” indeed. Later that morning I ventured to church and was fortunate to find Geoff Field practising on the organ for his recital on 13 October. Like all our wonderfully talented organists, Geoff was using his God-given gifts to the full – “music’s measure” of the highest order. And that night travelling to our Cubs meeting I was directed the wrong way down Aynam Road because of the various diversions designed to keep the traffic flowing during resurfacing work – a logistical nightmare to most but the successful product of someone’s careful planning.

In all these cases I became acutely aware of the diversity of God-given talents we come across each day in those we meet – without which our world would be a poorer and less ordered place. Gifts in music, art and design, logistical planning and organisation to name but a few.

Just because the person sitting in front sings like an angel and you sing like a rusty saw, just because your spouse understands the church balance sheet at our APCM but to you it might as well be written in Chinese (join the club!), just because a friend is a brilliant cook while your rock cakes taste like ... well, rocks ... it doesn’t mean you have nothing to offer, far from it.

In 1 Peter 4, verse 10 we find the words “each one should

use whatever gift he has received to serve others, faithfully administering God's grace in its various forms". We all have something to give, however small and insignificant it may seem, from finance to flower arranging, singing to stewarding, reading to ringing, catering to caring. Never be ashamed to use your gifts, for the church is one body with many working, valuable and God-given parts. And be encouraged by the words of the post communion thanksgiving prayer in the BCP service – "here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy and lively sacrifice"

Well, the new patio is finished and the sun is shining (surprisingly!) so its time to sit out on the swing seat with a cup of Earl Grey tea and Classic FM playing in the background and to marvel again at craftsman's art and music's measure – quite literally on my own doorstep.

Every blessing  
Ashley

## **Office hours**

The new opening hours for the church office are now 9am to 12 noon, Monday to Friday, unless advertised to the contrary on the weekly handout. Outside these times it may be possible to contact Diane or Janet by prior arrangement in exceptional circumstances. Diane's normal working days are Tuesday, Thursday and Friday; Janet's are Monday, Wednesday and Thursday

## **Change to Evensong time**

Evensong will move to a 4pm slot from 12 November, which will remain the new time until British Summer Time begins next March.

## **A Celebration of Reader Ministry with the Admission and Licensing of Readers**

We are hosting this Diocesan service on 1 October at 6pm. This will replace our normal Evensong that evening. The service will be taken by the Venerable Vernon Ross, Archdeacon of Westmorland and Furness. All are welcome to attend. Do come along and support those being licensed

to this important public ministry in the church and please pray for them as they begin their new ministries in the diocese.

## **Friends of KPC AGM**

All are invited to the Friends' AGM on Sunday, 15 October at 2pm, which will be followed by refreshments and a talk on some of the church memorials from John Campbell and Philip Heyes

## **All Souls Service**

Our annual All Souls service to remember our departed loved ones will be held on Sunday, 5 November at 6pm.

## **Matins**

For the past six years we have had a service of Matins on fifth Sundays. With fewer in attendance at recent services there has been a call from some of those attending to stop our current practice. After discussions with the PCC, Wardens and Ministry Team, it has been decided to stop having Matins on the fifth Sunday. However, in order to mark this ending suitably, we felt that we should celebrate Matins on Sunday, 29 October at 9:30am. This will replace the normal Parish Communion for that Sunday only. For those who wish to attend communion that day there is either the 8am Holy Communion (BCP) or the 11am Gathering Communion (Common Worship). We do, of course, hope to have Matins on occasion in the future.

## **Confirmation Service**

We will be hosting this year's Helm Group confirmation service on Sunday, 19 November at 4pm. If anyone is interested in being confirmed please speak to Jo, Ashley or the church office. Bishop James will be conducting the service.

## Friday Organ Concerts

At the time of writing there are still four concerts left in the Autumn series:

Oct 13	Geoffrey Field
Oct 27	Karen Au
Nov 10	Andy Plowman
Nov 24	David Brindle

These concerts are from 12:30 to 1:15pm. Admission is free but there will be a retiring collection with all proceeds going to the Organ Restoration Fund, which to date has raised over £5000 thanks to the generosity of those attending.

## 60 Years

In June 1957 I was ordained priest and I celebrated my first communion service on St Barnabas' Day – one of my favourite saints – the Son of Encouragement.

In August 1957 I got married. Between my ordination and marriage, I took a number of weddings. I gave the couples lots of helpful advice before I went through the service with them. After I got married, I realised that most of my advice was useless! And so I said less and less over the years and just went through the service.

Visiting was a top priority, and, like my father before me, I kept a list of all visits.

There is a wonderful story of a vicar who kept a book of visits with comments – not always polite! It was said that he lost his book and had to leave the parish!! When I was visiting in Scarborough making notes in my book and wearing a flat cap, some people thought I was a burglar 'casing the joint'!!

House-to-house visiting was an ideal and I did some in Scarborough during my second curacy. But in big parishes it was only an ideal as there was plenty of visiting in connection with baptisms, weddings, and funerals and cases of sickness. Friday was usually set aside to visit any parishioners in the local hospitals.

Most churches had uniformed organisations, a youth

club and old people's clubs – ours in Hull was the Derby and Joan.

Nearly all parishes had missionary links – mainly through CMS and USPG. Each year special Sundays would be set aside for the missionary societies, Bible Sunday, and other such events. We had exchange of pulpits – which always amused me as I imagined the clergy of Hull staggering around the city carrying heavy pulpits! 30 November was set aside as a day of prayer for missionary work and each parish signed up for half an hour.

Individual parishes had missions and I went on a number of these as a student. By the time I was ordained the emphasis seemed to be more on stewardship campaigns.

Next month I want to look at the 1960s which was a time of great change.

Michael Thistlewood

## **A century for the Lord's side**

I am glad to have the opportunity to give a progress report on the project that I have the privilege of leading for Churches Together in Cumbria. The aim is to “make every church in Cumbria dementia-friendly by 2020”. Central to the success of the project has been the recruitment of volunteer Dementia Enablers who help their local church become more aware of, and more responsive to, the needs of people affected by dementia. At KPC we are very fortunate to have Beverley Moore in this role. Across the county we now have no fewer than 101 Dementia Enablers in 84 locations and drawn from no fewer than nine denominations.

I am writing this before the collection that will be held at Church on 17 September for support of the project, so let me confidently – if prospectively – thank you for your generosity. The money raised here and elsewhere will help us reach our next milestone, namely the recruitment of a “Dementia Project Officer” to support what is now being done, to strengthen and extend the reach of the project and to ensure that this pioneering work takes root, not just to

2020 but for so long as it is needed.

If you would like to know more about this, please have a word with Beverley or myself, or come to the monthly Tea Service (the next one being at 2:30 on Thursday, 19 October), or come to the second annual Cumbria Churches' Dementia Conference in Penrith on Saturday, 25 November.

David Richardson, Trustee & Dementia Coordinator,  
Churches Together in Cumbria

## Thanks from Hilary

About twenty years ago I was attending the old Wednesday lunchtime Holy Communion service when the then vicar, knowing I could use a computer, asked me if I could help out in the office. He never asked if I could type and I never mentioned that I didn't have typing or shorthand skills! It was very informal, no interview or contract of employment. Times were different then. Initially I covered for the permanent staff while on maternity leave or in hospital but when one of them decided to retire I was offered a permanent part-time role. What started as a couple of mornings a week gradually evolved under different vicars to the job it is today. This is a busy parish, and the work has always been varied with never a dull moment which has held my interest.

In the office we meet all sorts of people from those celebrating the joy of new life and seeking a baptism for their child or those wishing to celebrate love and get married, to those grieving the loss of a loved one and needing to arrange a funeral. We get to know the many and varied roles that members of our congregation quietly get on with, all of which help our church to function, and we work closely with the clergy, all of whom bring different experiences, skills and vision, as they seek to lead our parish and make God's message known to all.

Behind the visible role lies the unseen role which encompasses the background administration necessary to keeping a church like ours functioning, from providing readings in large print or the weekly handout to producing 700 orders of service for Remembrance Sunday or 800 items for the crib service. Not to mention the various rotas needed



to ensure that all duties are allocated and everyone knows when they are on duty, or smaller jobs like ensuring the statistics required by the diocese, such as attendance figures, are recorded.

There comes a time in every job to leave, and following the operation to remove my thyroid last year, early retirement seemed very appealing. While I don't really think I will miss putting rotas together I shall miss working with everyone here and playing a part in the life of our church. No-one works in isolation and I couldn't have played my part without the support and collaboration of my colleagues and so I'd like to thank Rob, Ashley, Jo, Mark, Diane, Andy and Duncan, along with past vicars – George, Ron and Eric – who I have worked with, for their friendship and support. It's been great working with you all and I shall miss the companionship.

I'd like to especially thank Michael Thistlewood, whose help with choir information, and folding the handout has been invaluable. Thank you also to Margaret Wilson, Ian and Heather Harrison and everyone else who has folded orders of service for me. Your help has been greatly appreciated.

Thank you to everyone who has kindly agreed to do whatever job I have requested of them over the years. It's been a pleasure working with you all, and I couldn't have done my role without you all.

Finally, thank you all very much for the collection you gave me which will go towards my retirement, although I have treated myself to a rather nice handbag! It was very kind and much appreciated. Thank you also for all the other cards and gifts that people have giving me to mark my retirement. They are also much appreciated.

I wish Janet all the very best as she takes over from me, and I hope she will be very happy in her new role.

Now off to become an irregular member of the congregation! See you all around.

Hilary

We give grateful thanks to Hilary for all her dedicated work for KPC and welcome Janet to the church team. Having

been a member of our congregation for 40 years, as well as our Electoral Roll Officer, Coffee Fund Administrator and Brownie leader (and Ashley's better half), Janet probably needs no introduction to most of you but here are a few potted facts for interest sake:

- Favourite film – Dances with Wolves.
- Favourite actor – Johnny Depp (see calendar in the church office!)
- Favourite music – Classical.
- Favourite singer – Chris De Burgh, especially his song The Words I Love You.
- Favourite author – Winston Graham.
- Favourite food – Chinese.
- Hobbies – Reading, gardening, tracing family tree, jigsaws and computing.

And the job so far? – Really enjoying it as there is so much variety. And, after 35 years of driving to work, being able to walk to and from church is a fantastic bonus.

One thing that might surprise us – On my mother's side I am a distant relative of Kathy Staff (real name Minnie Higginbottom) who played Nora Batty in Last of the Summer Wine.

## **Mambo!**

Next spring I will be spending three months volunteering in Tanzania with Raleigh International in partnership with the International Citizens Service (ICS). I will be participating in the livelihoods project which focuses on supporting young people in rural communities to start up their own businesses. Whilst Tanzania may have one of the most rapidly growing economies in the world, the disparity between the rich and the poor remains a huge issue with the majority of the population living below the poverty line. This is a particularly prevalent problem in more rural areas which have limited employment opportunities, especially for young people meaning that teenagers find themselves having to move to major cities in order to find work. Not only does this mean that they have to leave their loved ones

behind, but also that their home communities cannot escape the cycle of poverty and unemployment.

This is where Raleigh step in to help young people set up their own enterprises to boost the local economy and ensure that they can stay with those they love. Raleigh also implements their WASH programme which focuses on gaining access to clean water and improving sanitation.

As part of my commitment to volunteering with Raleigh and ICS I have been asked to fundraise £1500 to support their work not only in Tanzania but in other developing countries as well. Therefore, I will be hosting several fundraising events before my placement begins next February so keep your eyes peeled for further information.

Until then I would really appreciate any contributions you are able to make towards my fundraising efforts and you can visit my Just Giving page at [www.justgiving.com/jessica-letheren](http://www.justgiving.com/jessica-letheren) to donate. Even a small amount could make a huge difference.

Thank you for your support,

Jess Letheren (Diane's daughter)

## **In Remembrance – 100 years on**

Some of you may recall a fascinating TV documentary from 2006 – The Somme – The True Story – which followed efforts to establish the locations of photographer Geoffrey Malins' combat footage from the battle and prove or disprove its legitimacy. Woven into that story were attempts by two Canadian brothers Howard and Derm Coombes to trace the movements of two of their ancestors who were part of the Newfoundland Regiment fighting at The Somme, one of whom perished and the other survived. It was clearly a moving experience for both as they found themselves able to connect in some way with the past by retracing paths and visiting specific locations. I have often wondered since how I might have felt under similar circumstances if ever the chance arose.

Roll forward 11 years ...

I mentioned in Parish Life last year that we had decided to extend our French holiday this year and take the

opportunity to pay our respects to my great grandfather Harold Pearson who was killed at Passchendaele on 27 August 1917. As we sat in our hotel room in Amiens en route from mid France to Belgium we realised that Harold's brother Maurice, who died on the first day of the Somme in 1916 along with 19,000 others (still the worst single-day loss of life in the British Army's history), was buried a little more than 20km from where we were staying.

We first found Maurice's grave, one of over 2400 in the Serre Road Cemetery near the village of Beaumont Hamel, a beautifully kept cemetery in the middle of the countryside. We noticed a bigger than normal number of unnamed graves just bearing the words "To a Soldier of the Great War, known unto God". Maurice was 30; the soldier buried next to him was just 16, a very sobering thought. Local funeral directors Hayes & Parkinson had kindly given me three small wooden crosses, each bearing a poppy and the legend "In Remembrance". We laid one of these crosses on Maurice's grave before leaving.

We then made our way into Belgium and, after a brief stop for lunch in Ypres and a visit to the Menin Gate, we headed to Tyne Cot Cemetery where Harold's name is one of 35,000 on the Memorial Wall which honours those with no known grave. And so on 27 August 2017, exactly 100 years to the day since he died, we placed a cross beneath the wall close to Harold's name.

Thanks to war records, including old maps of the area from WW1, we were also able to establish that Harold died at a place near Langemark called Pheasant Ridge Trench. As with other trenches, the site is now just farmland but we found the location and fixed the last of our crosses to a fence post marking the field's boundary. It was interesting to find other families with the same purpose, laying both crosses and wreaths at various places in the area.

It was a very poignant and moving day and I am so glad we did it, especially when Matthew and Robert ("the next generation") were there to experience it too. It left me with unanswered questions, not least being whether the sheer cost in terms of human life and suffering was really worth it in gaining what I can only describe as relatively non-

descript land around both sites. But I share our experiences with you, not out of any sense of melodrama, but with an even greater conviction of the importance of remembering the brave sacrifice made in the cause of world peace.

Ashley

## **Kendal Wool Gathering & Poppies**

The fifth annual Kendal Wool Gathering (KWG), which celebrates the town's connections with the trade on which its wealth was built, will be held on 28/29 October at Kendal Leisure Centre. There will be a chance for those attending to have a go at weaving and taster sessions in spinning, felting and knitting. Blue Badge Guide Janice Wilson is organising walks entitled Unravel the Story of Wool and will take customers on a four-mile tour, either side of the River Kent and split by a stop at Kendal Town Hall, of the town's fascinating history focusing on the wool trade.

The switch to Kendal Leisure Centre has been made possible with the help of a grant from Kendal Town Council, which is contributing £5000 to the running and promotion costs in total, and another donation of £3500 from Cumbria County Council.

Sixty stall-holders from all over the country have booked spaces and they include carpet makers, handbag and accessory companies, spinning-wheel sellers, artists and many retailers of knitting wool and associated goods. Last year Kendal Wool Gathering attracted more than 7000 visitors, about a third of whom said they came to the area specifically for the festival, boosting the local economy.

### **Pop-Up Poppies**

As part of the Wool Gathering, KPC will be hosting a pop-up art installation featuring crocheted poppies.

The poppies will raise money for the Royal British Legion annual appeal which helps care for the Armed Forces and their families. Local arts administrator Sara Last has been engaged to organise the display of the poppies outside the Leisure Centre, comprising a tent covered with

(continued ...)

camouflage material onto which the poppies will be pinned.

The success of the venture relies on volunteers joining in the mass production of the poppies which will be made using simple crocheting pattern devised by Marion Minshall who will be on hand to help those wanting to make the poppies at KWG (see below).

After KWG the installation will be rebuilt behind Kendal Parish Church for remembrance weekend, 11 and 12 November. Revd Rob Saner-Haigh said: "We're really pleased to be involved with this project which is such a fitting way for all ages in Kendal to remember those from our community who have served in the armed forces, and particularly this year as we continue to remember the centenary of the First World War. It is also a great way to raise money for the British Legion as it supports service men and women today."

After Remembrance weekend the poppies will be donated to Wonder Wools of Wales which has a target of 887,858 to represent each death of a UK service person in World War 1 with a Centenary textile curtain of Poppies.

For further information and how to get involved see Facebook at <[www.facebook.com/KendalWoolGathering](http://www.facebook.com/KendalWoolGathering)> and

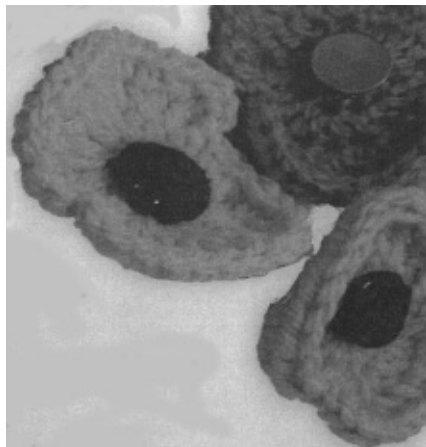
<[www.facebook.com/groups/KendalPoppies/?fref=mentions](http://www.facebook.com/groups/KendalPoppies/?fref=mentions)>

## **Kendal Wool Gathering – Poppy Patterns**

### **Marian's 'Easy Crochet Poppy Pattern'**

- Make a loop;
- Make a chain of four single crochet stitches then join the chain to make a loop with a single slip stitch;
- Crochet 11-1/2 trebles into this ring;
- Join onto the top of the first chain with a slip stitch;
- Do one chain to start the new row;
- now do two 1/2 trebles into the spaces to create your second row;

- Once half way round do two slip stitches into the top of the previous row to pull in the waist of the poppy
- Crochet one chain to start the new row
- Continue round till you get back to your starting point,
- Finish with two slip stitches.



This will have created two indentations on each side of the flower.

- This time crochet two chains and go round again, this time alternate two 1/2 trebles with one 1/2 trebles into each hole or space.
- As above crochet two slip stitches to the two on the previous row and continue round.
- When you have completed three full rounds finish by cutting the wool 8: pulling through to knot the end. "

## Easy Garter/Knit Stitch Poppy Pattern for Beginners

For the best finish, knit with a Double Knit (DK yarn). The size of needle you choose will determine how big the poppy will be, but we recommend 3.5mm or 3.75mm (UK9).

### Body of Poppy

- Cast on 120 stitches using red yarn.
- Rows 1–4: Knit
- Row 5: Knit three stitches together across the row (40 stitches)
- Rows 6–9: Knit
- Row 10: Knit two stitches together across the row (20 stitches)
- Rows 11–14: Knit
- Row 15: Knit two stitches together across the row (ten stitches) (continued ...)

- Cut yarn leaving a tail of about 20cm.
- Thread tail through yarn needle and slip all the remaining live stitches onto the yarn tail and pull tight. Pull around into a circle and then mattress stitch (or use whatever stitching you normally use) to seam for an invisible seam. Sew in ends.

### Centre of Poppy

- Using black yarn, cast on 16 stitches. Cast off.
- Coil into a tight spiral and sew base to the centre.
- Alternatively use a black or green button with four holes and sew to centre of poppy. Add pin.

Kendal Wool Gathering, in partnership with British Legion.

## £5 Challenge

At the time of going to print our £5 Challenge has raised more than £2000 for church funds, with a number of folk still to give their money to the two Davids, Messrs. Donnison and Richardson. We hope to have a fuller report in the November issue of Parish Life, so if you have taken part but have not handed your money in, please could you do so as soon as possible. Thanks!







**Saturday, 7 October, 4 November,  
16 December & 27 January**

Join us for Crafts, Games and Activities

For All The Family

3pm – 5pm in The Parish Hall,

Holy Trinity Parish Church, Kendal

For details contact Kendal Parish Church  
on 01539 721248

## **A programme of Youth Evenings**

Will be starting this October

Fortnightly on Fridays or Sundays

For school years 5–8 (ages 9–13).

Contact Libby via the Church Office for further details

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## Sunday Services – October 2017

### **Sunday, 1 October – Sixteenth Sunday after Trinity**

8:00am Holy Communion (BCP)  
9:30am Choral Communion (BCP)  
11:00am The Gathering  
1:00pm Holy Baptism  
2:00pm Holy Baptism  
6:00pm Licensing of Readers

### **Sunday, 8 October – Seventeenth Sunday after Trinity**

8:00am Holy Communion (BCP)  
9:30am Harvest Service (CW)  
11:00am The Gathering with Communion  
6:00pm Evensong (BCP)

### **Sunday, 15 October – Eighteenth Sunday after Trinity**

8:00am Holy Communion (BCP)  
9:30am Parish Communion (CW)  
11:00am The Gathering  
1:00pm Holy Baptism  
6:00pm Evensong (BCP)

### **Sunday, 22 October – Nineteenth Sunday after Trinity**

8:00am Holy Communion (BCP)  
9:30am Parish Communion (CW)  
11:00am The Gathering with Communion  
6:00pm Evensong (BCP)

### **Sunday, 29 October – Last Sunday after Trinity**

8:00am Holy Communion (BCP)  
9:30am Matins (BCP)  
11:00am The Gathering with Communion  
6:00pm Evensong (BCP)

# From The Registers

## Baptisms

3 September Elise Jean Lambert  
17 September Freddie Ian Harris  
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## Weddings

8 September Bob Muirhead and Lisa Williams  
16 September Philip Wilkinson and Samantha Duncan.

## Funerals

1 September Doug Hayton  
11 September Sandra Nelson  
22 September Jan Watt.

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## Worship

Holy Communion (BCP)		8:00am
Parish Communion		9:30am
(Common Worship, except 1st Sunday BCP)		
The Gathering		11:00am
(with Communion 1st & 3rd Sundays)		
(Except Matins BCP on 5th Sunday)		
Evensong		6:00pm
Mid Week		
Morning Prayer	Tuesday, Thursday	9:00am
Morning Prayer	Wednesday	10:00am
Meditation	Tuesday	10:00am
Holy Communion (BCP)	Thursday	10:30am
Kendal Tea Service (Dementia Friendly)		
	3rd Thursday	2:30pm
(Saints' Days and Holy Days as announced)		

